

MLB BEST/WORST TRENDS & STATS -- 2026 Season
Through July 01, 2026

HOT TEAMS (Best L10 Records)

Rk	Team	SU	L10	L5	Strk	RD/G	+1.5%
1.	Chicago Cubs	49-38	9-1	5-0	W5	+0.7	66.7
2.	Milwaukee Brewers	53-31	8-2	3-2	W3	+1.5	76.2
3.	Tampa Bay Rays	50-33	8-2	5-0	W7	+0.4	71.1
4.	Philadelphia Phillies	49-38	7-3	3-2	W2	+0.1	63.2
5.	Texas Rangers	44-43	7-3	4-1	L1	-0.1	62.1
6.	Los Angeles Dodgers	56-31	7-3	4-1	L1	+1.8	77.0
7.	Miami Marlins	46-41	7-3	3-2	L1	+0.2	63.2
8.	Chicago White Sox	45-40	6-4	3-2	L1	+0.3	64.7
9.	Boston Red Sox	37-48	6-4	3-2	L2	-0.1	57.6
10.	Houston Astros	43-46	6-4	3-2	L1	-0.5	53.9

COLD TEAMS (Worst L10 Records)

Rk	Team	SU	L10	L5	Strk	RD/G	+1.5%
1.	New York Mets	36-51	2-8	2-3	L1	-0.6	59.8
2.	New York Yankees	48-38	2-8	0-5	L7	+1.0	70.9
3.	Kansas City Royals	35-52	3-7	1-4	L2	-0.9	56.3
4.	Atlanta Braves	50-34	3-7	2-3	W1	+1.1	71.4
5.	Athletics	41-46	3-7	1-4	W1	-0.7	59.8
6.	Toronto Blue Jays	41-46	3-7	2-3	W1	-0.3	64.4
7.	Cincinnati Reds	39-46	3-7	1-4	L4	-0.7	57.6
8.	Colorado Rockies	34-53	4-6	2-3	W1	-1.1	52.9
9.	Cleveland Guardians	45-42	4-6	3-2	W1	-0.1	67.8
10.	Arizona Diamondbacks	43-43	4-6	2-3	L1	-0.3	65.1

SCORING LEADERS (Season RPG)

Team	RPG	RA/G	RD/G	L10 RPG	L10 RA	
■ BEST OFFENSE:						
1.	Washington Nationals	5.3	5.1	+0.2	5.4	4.9
2.	Los Angeles Dodgers	5.3	3.5	+1.8	5.8	4.5
3.	Milwaukee Brewers	5.2	3.6	+1.5	4.6	3.1
4.	Chicago Cubs	5.1	4.4	+0.7	8.2	4.0
5.	Pittsburgh Pirates	5.1	4.9	+0.2	6.3	5.5
■ BEST PITCHING (Lowest RA/G):						
1.	Los Angeles Dodgers	5.3	3.5	+1.8	5.8	4.5
2.	Milwaukee Brewers	5.2	3.6	+1.5	4.6	3.1
3.	Atlanta Braves	4.7	3.7	+1.1	2.9	4.0
4.	New York Yankees	4.8	3.8	+1.0	2.8	5.3
5.	Seattle Mariners	4.1	3.9	+0.1	3.4	4.0
■ BEST RUN DIFFERENTIAL:						
1.	Los Angeles Dodgers	5.3	3.5	+1.8	5.8	4.5
2.	Milwaukee Brewers	5.2	3.6	+1.5	4.6	3.1
3.	Atlanta Braves	4.7	3.7	+1.1	2.9	4.0
4.	New York Yankees	4.8	3.8	+1.0	2.8	5.3
5.	Chicago Cubs	5.1	4.4	+0.7	8.2	4.0
■ WORST RUN DIFFERENTIAL:						
1.	Colorado Rockies	4.6	5.8	-1.1	5.3	6.5
2.	Kansas City Royals	4.1	5.1	-0.9	4.0	7.8
3.	Cincinnati Reds	4.2	4.9	-0.7	3.6	4.7
4.	Athletics	4.6	5.3	-0.7	4.4	5.1
5.	San Francisco Giants	4.1	4.7	-0.6	3.3	3.5

+1.5 RUN LINE COVER RATES

Team	+1.5 RL	Cov%	Lost 2+	SU	
■ BEST (Rarely Blown Out):					
1.	Los Angeles Dodgers	67-20	77.0	20	56-31
2.	Milwaukee Brewers	64-20	76.2	20	53-31
3.	Atlanta Braves	60-24	71.4	24	50-34
4.	Tampa Bay Rays	59-24	71.1	24	50-33
5.	New York Yankees	61-25	70.9	25	48-38
6.	Seattle Mariners	59-28	67.8	28	44-43
7.	Cleveland Guardians	59-28	67.8	28	45-42
8.	Chicago Cubs	58-29	66.7	29	49-38
■ WORST (Blown Out Most):					
1.	Colorado Rockies	46-41	52.9	41	34-53
2.	San Francisco Giants	46-40	53.5	40	36-50
3.	Houston Astros	48-41	53.9	41	43-46
4.	Kansas City Royals	49-38	56.3	38	35-52
5.	Los Angeles Angels	50-37	57.5	37	36-51

NRFI RATES (No Runs First Inning)

Team	NRFI	YRFI	NRFI%	Games	
■ BEST NRFI (Clean 1st Innings):					
1.	San Diego Padres	56	29	65.9	85
2.	Chicago Cubs	52	35	59.8	87
3.	Cleveland Guardians	50	37	57.5	87
4.	Detroit Tigers	48	39	55.2	87

5. San Francisco Giants	47	39	54.7	86
6. St. Louis Cardinals	45	38	54.2	83
7. Los Angeles Dodgers	46	41	52.9	87
8. Baltimore Orioles	45	43	51.1	88

■ WORST NRPI (Leak Runs Early):

1. Texas Rangers	32	55	36.8	87
2. Colorado Rockies	33	54	37.9	87
3. Houston Astros	35	54	39.3	89
4. Chicago White Sox	36	49	42.4	85
5. Minnesota Twins	38	50	43.2	88

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HOME/ROAD SPLITS

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Team	Home	Road	H Win%	R Win%
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■ BEST AT HOME:

1. Tampa Bay Rays	31-12	19-21	72.1%	47.5%
2. Chicago White Sox	28-14	17-26	66.7%	39.5%
3. Los Angeles Dodgers	26-14	30-17	65.0%	63.8%
4. Milwaukee Brewers	29-17	24-14	63.0%	63.2%
5. Atlanta Braves	25-15	25-19	62.5%	56.8%

■ BEST ON ROAD:

1. Los Angeles Dodgers	26-14	30-17	65.0%	63.8%
2. Milwaukee Brewers	29-17	24-14	63.0%	63.2%
3. Washington Nationals	17-25	28-18	40.5%	60.9%
4. Philadelphia Phillies	25-20	24-18	55.6%	57.1%
5. Atlanta Braves	25-15	25-19	62.5%	56.8%

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OVER/UNDER TENDENCIES BY LINE (6.5 through 12)

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Team	GP	AVG	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11	11.5	12
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WSH	88	10.5	70-18	61-18	61-27	59-27	59-29	47-29	47-41	40-41	40-48	37-48	37-51	30-51
COL	87	10.4	65-22	57-22	57-30	53-30	53-34	46-34	46-41	36-41	36-51	33-51	33-54	30-54
MIN	88	10.0	64-24	61-24	61-27	51-27	51-37	45-37	45-43	37-43	37-51	30-51	30-58	27-58
PIT	87	10.0	61-26	54-26	54-33	50-33	50-37	40-37	40-47	36-47	36-51	31-51	31-56	28-56
OAK	87	9.9	65-22	54-22	54-33	49-33	49-38	42-38	42-45	33-45	33-54	25-54	25-62	21-62
CHC	87	9.6	61-26	53-26	53-34	49-34	49-38	41-38	41-46	37-46	37-50	29-50	29-58	25-58
BAL	88	9.5	69-19	59-19	59-29	49-29	49-39	43-39	43-45	34-45	34-54	26-54	26-62	21-62
LAA	87	9.5	64-23	50-23	50-37	42-37	42-45	35-45	35-52	30-52	30-57	24-57	24-63	22-63
HOU	89	9.5	59-30	56-30	56-33	51-33	51-38	43-38	43-46	39-46	39-50	29-50	29-60	23-60
CHW	85	9.4	65-20	55-20	55-30	47-30	47-38	39-38	39-46	32-46	32-53	22-53	22-63	21-63
KC	87	9.2	59-28	50-28	50-37	41-37	41-46	35-46	35-52	30-52	30-57	23-57	23-64	21-64
CIN	85	9.1	64-21	58-21	58-27	51-27	51-34	40-34	40-45	33-45	33-52	19-52	19-66	16-66
STL	83	9.0	54-29	48-29	48-35	37-35	37-46	29-46	29-54	28-54	28-55	21-55	21-62	17-62
PHI	87	8.9	56-31	49-31	49-38	43-38	43-44	33-44	33-54	27-54	27-60	20-60	20-67	19-67
ARI	86	8.8	59-27	48-27	48-38	41-38	41-45	32-45	32-54	26-54	26-60	21-60	21-65	18-65
LAD	87	8.8	55-32	47-32	47-40	41-40	41-46	33-46	33-54	27-54	27-60	22-60	22-65	20-65
MIL	84	8.8	54-30	43-30	43-41	35-41	35-49	29-49	29-55	24-55	24-60	21-60	21-63	18-63
SF	86	8.8	56-30	47-30	47-39	40-39	40-46	31-46	31-55	27-55	27-59	22-59	22-64	18-64
TB	83	8.7	58-25	44-25	44-39	33-39	33-50	26-50	26-57	24-57	24-59	20-59	20-63	18-63
NYG	86	8.7	59-27	47-27	47-39	39-39	39-47	30-47	30-56	26-56	26-60	21-60	21-65	17-65
MIA	87	8.6	62-25	51-25	51-36	46-36	46-41	35-41	35-52	25-52	25-62	18-62	18-69	14-69
NYM	87	8.5	56-31	46-31	46-41	38-41	38-49	28-49	28-59	24-59	24-63	21-63	21-66	16-66
TOR	87	8.5	57-30	46-30	46-41	41-41	41-46	33-46	33-54	26-54	26-61	19-61	19-68	18-68
ATL	84	8.4	57-27	48-27	48-36	42-36	42-42	28-42	28-56	23-56	23-61	19-61	19-65	13-65
DET	87	8.3	57-30	46-30	46-41	36-41	36-51	29-51	29-58	22-58	22-65	18-65	18-69	13-69
SD	85	8.3	53-32	42-32	42-43	35-43	35-50	31-50	31-54	20-54	20-65	16-65	16-69	13-69
TEX	87	8.2	59-28	49-28	49-38	42-38	42-45	31-45	31-56	23-56	23-64	12-64	12-75	10-75
SEA	87	8.0	53-34	45-34	45-42	36-42	36-51	30-51	30-57	25-57	25-62	14-62	14-73	10-73
CLE	87	8.0	49-38	45-38	45-42	39-42	39-48	33-48	33-54	27-54	27-60	20-60	20-67	13-67
BOS	85	8.0	52-33	43-33	43-42	36-42	36-49	25-49	25-60	21-60	21-64	17-64	17-68	12-68

Format: O-U record at each total line | AVG = avg combined runs

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Lou Diamond's CyberSports - Best/Worst Trends & Stats

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