

MLB BEST/WORST TRENDS & STATS – 2026 Season
Through August 19, 2026

HOT TEAMS (Best L10 Records)

Rk	Team	SU	L10	L5	Strk	RD/G	+1.5%
1.	Philadelphia Phillies	70-58	8-2	5-0	W6	+0.1	63.3
2.	New York Mets	58-70	7-3	4-1	W1	-0.3	60.9
3.	San Diego Padres	68-60	7-3	2-3	L1	+0.0	66.4
4.	Los Angeles Dodgers	77-51	7-3	3-2	W3	+1.1	74.2
5.	New York Yankees	71-55	6-4	3-2	W3	+0.7	70.6
6.	Chicago White Sox	66-60	6-4	3-2	W1	+0.4	68.3
7.	Chicago Cubs	74-54	6-4	2-3	L1	+0.8	68.0
8.	St. Louis Cardinals	65-63	6-4	3-2	L1	+0.1	65.6
9.	Tampa Bay Rays	76-50	6-4	2-3	W1	+0.4	69.8
10.	Toronto Blue Jays	62-66	6-4	3-2	L1	-0.4	64.8

COLD TEAMS (Worst L10 Records)

Rk	Team	SU	L10	L5	Strk	RD/G	+1.5%
1.	Athletics	49-78	3-7	1-4	L3	-1.4	53.5
2.	Cleveland Guardians	61-66	3-7	2-3	L1	-0.2	63.0
3.	Texas Rangers	62-65	3-7	2-3	L1	-0.4	59.1
4.	San Francisco Giants	52-74	3-7	2-3	W1	-0.6	57.9
5.	Atlanta Braves	74-53	4-6	1-4	L3	+0.9	72.4
6.	Colorado Rockies	50-77	4-6	1-4	L3	-1.0	52.8
7.	Seattle Mariners	60-67	4-6	3-2	W1	-0.3	62.2
8.	Detroit Tigers	61-66	4-6	1-4	L2	+0.6	65.4
9.	Houston Astros	64-63	4-6	2-3	W1	-0.2	59.1
10.	Boston Red Sox	68-59	4-6	3-2	L1	+0.7	66.1

SCORING LEADERS (Season RPG)

Team	RPG	RA/G	RD/G	L10 RPG	L10 RA
■ BEST OFFENSE:					
1. Washington Nationals	5.3	5.1	+0.1	4.8	4.1
2. Chicago Cubs	5.1	4.3	+0.8	5.2	5.1
3. Pittsburgh Pirates	5.0	4.8	+0.2	4.5	4.5
4. Milwaukee Brewers	5.0	3.8	+1.2	5.4	3.8

5.	Los Angeles Dodgers	5.0	3.9	+1.1	4.9	4.2
----	---------------------	-----	-----	------	-----	-----

■■ BEST PITCHING (Lowest RA/G):

1.	New York Yankees	4.4	3.7	+0.7	3.4	2.7
2.	Milwaukee Brewers	5.0	3.8	+1.2	5.4	3.8
3.	Boston Red Sox	4.5	3.8	+0.7	5.2	4.1
4.	Los Angeles Dodgers	5.0	3.9	+1.1	4.9	4.2
5.	Detroit Tigers	4.5	3.9	+0.6	4.1	4.4

■ BEST RUN DIFFERENTIAL:

1.	Milwaukee Brewers	5.0	3.8	+1.2	5.4	3.8
2.	Los Angeles Dodgers	5.0	3.9	+1.1	4.9	4.2
3.	Atlanta Braves	4.8	3.9	+0.9	3.2	4.1
4.	Chicago Cubs	5.1	4.3	+0.8	5.2	5.1
5.	Boston Red Sox	4.5	3.8	+0.7	5.2	4.1

■ WORST RUN DIFFERENTIAL:

1.	Athletics	4.4	5.8	-1.4	4.9	6.5
2.	Colorado Rockies	4.8	5.8	-1.0	4.7	6.2
3.	Kansas City Royals	4.2	5.0	-0.8	4.5	4.7
4.	Cincinnati Reds	4.0	4.7	-0.7	3.2	4.6
5.	Los Angeles Angels	4.0	4.7	-0.7	3.1	3.4

=====
 +1.5 RUN LINE COVER RATES
 =====

Team	+1.5 RL	Cov%	Lost 2+	SU
------	---------	------	---------	----

■ BEST (Rarely Blown Out):

1.	Milwaukee Brewers	95-32	74.8	32	78-49
2.	Los Angeles Dodgers	95-33	74.2	33	77-51
3.	Atlanta Braves	92-35	72.4	35	74-53
4.	New York Yankees	89-37	70.6	37	71-55
5.	Tampa Bay Rays	88-38	69.8	38	76-50
6.	Chicago White Sox	86-40	68.3	40	66-60
7.	Chicago Cubs	87-41	68.0	41	74-54
8.	San Diego Padres	85-43	66.4	43	68-60

■ WORST (Blown Out Most):

1.	Colorado Rockies	67-60	52.8	60	50-77
2.	Athletics	68-59	53.5	59	49-78
3.	Los Angeles Angels	72-55	56.7	55	50-77
4.	San Francisco Giants	73-53	57.9	53	52-74
5.	Cincinnati Reds	74-53	58.3	53	61-66

=====
 NRFI RATES (No Runs First Inning)
 =====

Team	NRFI	YRFI	NRFI%	Games

■ BEST NRFI (Clean 1st Innings):				
1. San Diego Padres	78	50	60.9	128
2. Cleveland Guardians	74	53	58.3	127
3. Miami Marlins	73	55	57.0	128
4. Baltimore Orioles	70	57	55.1	127
5. Chicago Cubs	70	58	54.7	128
6. St. Louis Cardinals	70	58	54.7	128
7. San Francisco Giants	68	58	54.0	126
8. Milwaukee Brewers	67	60	52.8	127

■ WORST NRFI (Leak Runs Early):				
1. Colorado Rockies	46	81	36.2	127
2. Texas Rangers	50	77	39.4	127
3. Minnesota Twins	54	74	42.2	128
4. Houston Astros	55	72	43.3	127
5. Arizona Diamondbacks	56	72	43.8	128

=====

HOME/ROAD SPLITS

=====

Team	Home	Road	H Win%	R Win%

■ BEST AT HOME:				
1. Tampa Bay Rays	43-22	33-28	66.2%	54.1%
2. Milwaukee Brewers	42-23	36-26	64.6%	58.1%
3. Atlanta Braves	42-23	32-30	64.6%	51.6%
4. Chicago White Sox	37-24	29-36	60.7%	44.6%
5. Miami Marlins	38-25	26-39	60.3%	40.0%

■■ BEST ON ROAD:				
1. Los Angeles Dodgers	37-26	40-25	58.7%	61.5%
2. New York Yankees	31-27	40-28	53.4%	58.8%
3. Milwaukee Brewers	42-23	36-26	64.6%	58.1%
4. Boston Red Sox	31-32	37-27	49.2%	57.8%
5. Chicago Cubs	38-27	36-27	58.5%	57.1%

=====

OVER/UNDER TENDENCIES BY LINE (6.5 through 12)

=====

Team	GP	AVG	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11	11.5	12

COL	127	10.6	98-29	85-29	85-42	79-42	79-48	69-48	69-58	54-58	54-73	50-73	50-77	47-77
WSH	128	10.4	102-26	89-26	89-39	79-39	79-49	63-49	63-65	52-65	52-76	48-76	48-80	41-80
OAK	127	10.2	98-29	80-29	80-47	73-47	73-54	63-54	63-64	52-64	52-75	40-75	40-87	35-87
PIT	129	9.8	90-39	79-39	79-50	70-50	70-59	59-59	59-70	53-70	53-76	46-76	46-83	40-83
MIN	128	9.6	94-34	79-34	79-49	65-49	65-63	59-63	59-69	48-69	48-80	39-80	39-89	34-89

CHC	128	9.5	89-39	76-39	76-52	70-52	70-58	61-58	61-67	54-67	54-74	44-74	44-84	35-84
HOU	127	9.4	84-43	79-43	79-48	73-48	73-54	58-54	58-69	50-69	50-77	38-77	38-89	31-89
BAL	127	9.3	94-33	78-33	78-49	65-49	65-62	58-62	58-69	47-69	47-80	37-80	37-90	30-90
CHW	126	9.2	92-34	78-34	78-48	69-48	69-57	58-57	58-68	47-68	47-79	35-79	35-91	32-91
KC	128	9.2	90-38	71-38	71-57	60-57	60-68	49-68	49-79	40-79	40-88	32-88	32-96	29-96
ARI	128	9.0	87-41	73-41	73-55	61-55	61-67	50-67	50-78	43-78	43-85	35-85	35-93	30-93
LAD	128	8.9	83-45	69-45	69-59	60-59	60-68	50-68	50-78	42-78	42-86	34-86	34-94	30-94
PHI	128	8.9	84-44	72-44	72-56	63-56	63-65	51-65	51-77	41-77	41-87	32-87	32-96	28-96
CIN	127	8.8	91-36	83-36	83-44	69-44	69-58	53-58	53-74	45-74	45-82	28-82	28-99	22-99
TB	126	8.8	85-41	66-41	66-60	53-60	53-73	45-73	45-81	39-81	39-87	34-87	34-92	30-92
MIL	127	8.8	83-44	62-44	62-65	52-65	52-75	44-75	44-83	38-83	38-89	33-89	33-94	27-94
LAA	127	8.7	86-41	63-41	63-64	53-64	53-74	45-74	45-82	39-82	39-88	30-88	30-97	27-97
STL	128	8.7	79-49	69-49	69-59	55-59	55-73	45-73	45-83	42-83	42-86	32-86	32-96	24-96
SF	126	8.7	85-41	68-41	68-58	59-58	59-67	44-67	44-82	36-82	36-90	28-90	28-98	23-98
ATL	127	8.7	83-44	73-44	73-54	64-54	64-63	47-63	47-80	41-80	41-86	34-86	34-93	28-93
MIA	128	8.6	89-39	73-39	73-55	64-55	64-64	51-64	51-77	39-77	39-89	30-89	30-98	24-98
NYM	128	8.6	84-44	67-44	67-61	54-61	54-74	41-74	41-87	35-87	35-93	29-93	29-99	23-99
SD	128	8.5	82-46	64-46	64-64	54-64	54-74	45-74	45-83	34-83	34-94	27-94	27-101	23-101
DET	127	8.4	84-43	67-43	67-60	54-60	54-73	45-73	45-82	36-82	36-91	30-91	30-97	23-97
TEX	127	8.4	86-41	73-41	73-54	64-54	64-63	49-63	49-78	36-78	36-91	22-91	22-105	19-105
TOR	128	8.4	82-46	67-46	67-61	59-61	59-69	47-69	47-81	37-81	37-91	28-91	28-100	25-100
BOS	127	8.3	82-45	67-45	67-60	57-60	57-70	42-70	42-85	34-85	34-93	28-93	28-99	19-99
NYN	126	8.2	78-48	62-48	62-64	50-64	50-76	40-76	40-86	34-86	34-92	28-92	28-98	24-98
SEA	127	8.1	80-47	68-47	68-59	53-59	53-74	44-74	44-83	36-83	36-91	22-91	22-105	16-105
CLE	127	8.1	76-51	66-51	66-61	55-61	55-72	47-72	47-80	38-80	38-89	27-89	27-100	19-100

Format: O-U record at each total line | AVG = avg combined runs

=====

BettorCenter.com – Best/Worst Trends & Stats

=====