

NFL Best & Worst Trends — 2025 Season

BEST ATS TEAMS (Covering Most Consistently)

1.	Buffalo Bills	12-6	667%	9-9	7-1	5-5	4-3	8-2
2.	Denver Broncos	11-7	611%	8-10	8-2	3-5	5-4	6-3
3.	Green Bay Packers	10-8	556%	9-9	6-2	4-6	5-3	5-5
4.	Baltimore Ravens	10-8	556%	7-11	5-3	5-5	6-2	4-6
5.	Kansas City Chiefs	9-9	500%	8-10	5-3	4-6	4-5	5-4

Notes: Strong home team, good dogs

Notes: Road dog specialist, home fav

Notes: Turf advantage, div play

Notes: Division play edge

Notes: Tight lines (.5-3) strong

WORST ATS TEAMS (Failing to Cover)

28.	Washington Cmd	3-15	167%	6-12	1-7	2-8	1-8	2-7
29.	Cleveland Browns	4-14	222%	5-13	2-6	2-8	2-7	2-7
30.	Arizona Cardinals	3-15	167%	5-13	2-6	1-9	1-8	2-7
31.	NY Jets	4-14	222%	7-11	2-6	2-8	1-9	3-5
32.	Tennessee Titans	2-16	111%	4-14	1-8	1-8	1-9	1-7

Notes: Worst cover team overall

Notes: Home fav collapse

Notes: Road dog nightmare

Notes: Favorites underperforming

Notes: Worst in league, all situations