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CFB BEST & WORST BETTING TRENDS – 2026 SEASON-TO-DATE
BettorCenter.com | Lou Diamond Analytics

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NOTE: 2026 is early – records below are season-to-date real results (small samples). Minimums are set low accordingly.

BEST ATS TEAMS – 2026 (min 2 spread games)

Rk	Team	Conf	ATS	Win%
1	San Jose State	MWC	2-0-0	100.0%
2	Memphis	American	2-0-0	100.0%
3	Jacksonville State	CUSA	1-1-0	50.0%
4	New Mexico State	CUSA	1-1-0	50.0%
5	USC	Big Ten	1-1-0	50.0%
6	Eastern Michigan	MAC	1-1-0	50.0%
7	Stanford	ACC	1-1-0	50.0%
8	Sacramento State	MAC	1-1-0	50.0%
9	North Dakota State	MWC	1-1-0	50.0%
10	UNLV	MWC	1-1-0	50.0%
11	Hawaii	MWC	0-2-0	0.0%

WORST ATS TEAMS – 2026 (min 2 spread games)

Rk	Team	Conf	ATS	Win%
1	Hawaii	MWC	0-2-0	0.0%
2	Jacksonville State	CUSA	1-1-0	50.0%
3	New Mexico State	CUSA	1-1-0	50.0%
4	USC	Big Ten	1-1-0	50.0%
5	Eastern Michigan	MAC	1-1-0	50.0%
6	Stanford	ACC	1-1-0	50.0%
7	Sacramento State	MAC	1-1-0	50.0%
8	North Dakota State	MWC	1-1-0	50.0%
9	UNLV	MWC	1-1-0	50.0%
10	San Jose State	MWC	2-0-0	100.0%
11	Memphis	American	2-0-0	100.0%

OVER/UNDER TRENDS (2026, min 2 O/U games)

OVER MACHINES (highest Over rate):

Jacksonville State	20-0U (100.0%)
Stanford	20-0U (100.0%)
New Mexico State	10-1U (50.0%)
Hawaii	10-1U (50.0%)
Eastern Michigan	10-1U (50.0%)
Memphis	10-1U (50.0%)
Sacramento State	10-1U (50.0%)
North Dakota State	10-1U (50.0%)

UNDER MACHINES (highest Under rate):

San Jose State	2U-00 (100.0%)
USC	2U-00 (100.0%)
Florida State	2U-00 (100.0%)
UNLV	2U-00 (100.0%)
New Mexico State	1U-10 (50.0%)

Hawaii	1U-10 (50.0%)
Eastern Michigan	1U-10 (50.0%)
Memphis	1U-10 (50.0%)

SITUATIONAL HOT/COLD TRENDS (2026 splits)

ROAD DOGS – best ATS (min 1 game, season-to-date):

Florida International	1-0-0 (100.0%)
Massachusetts	1-0-0 (100.0%)
San Jose State	2-0-0 (100.0%)
UAB	1-0-0 (100.0%)
Western Michigan	1-0-0 (100.0%)
Sam Houston	1-0-0 (100.0%)

HOME FAVORITES – best ATS (min 1 game, season-to-date):

Jacksonville State	1-0-0 (100.0%)
Louisiana Tech	1-0-0 (100.0%)
New Mexico State	1-0-0 (100.0%)
Arizona State	1-0-0 (100.0%)
UCF	1-0-0 (100.0%)
Georgia State	1-0-0 (100.0%)

REVENGE SPOTS: -- (revenge-game flags not in dataset)
OPENER: available per-team in individual MURs

COACHING TRENDS

Best coach ATS (≥8 gm carryover): Ryan Day 36-1-0 (97.3%)
Worst coach ATS (≥8 gm carryover): Joe Harasymiak 5-30-1 (14.3%)
(Carryover ATS available for 125 returning coaches)
New 2026 HCs (33): Charles Huff, Neal Brown, Brian Hartline, Will Hall, Alex Mortensen, Tosh Lupoi, Tavita Pritchard, James Franklin ...

CONFERENCE ATS SUMMARY (2026 aggregate, season-to-date)

Conf	ATS	O/U	PPG	PAG	AvgTot
SEC	10-6-0	90-7U	48.7	11.1	59.8
Big Ten	9-9-1	130-6U	38.1	15.5	53.6
Big 12	10-6-0	80-7U	42.5	12.9	55.4
ACC	9-8-2	130-6U	34.1	23.7	57.7
Pac-12	4-4-0	50-3U	21.1	31.4	52.5
American	9-6-0	100-5U	28.5	25.0	53.5
Sun Belt	9-5-0	70-7U	34.8	19.1	53.9
MAC	5-9-1	90-6U	21.1	33.6	54.7
CUSA	7-5-0	40-8U	24.2	24.4	48.7
MWC	7-7-0	40-10U	22.1	20.6	42.8
Ind	2-0-0	20-0U	48.5	10.0	58.5